

Role of a Confirmation Sponsor

The role of a sponsor is *more* than a symbolic gesture. The sponsor serves as a life-long mentor and someone who walks with you along this lifelong journey of faith. They affirm your strengths and point out ways you can grow and become better in the practice of faith. You share your faith journey together and they continue to guide you in this journey of faith before AND after Confirmation. The Church outlines three distinct roles for the sponsor: sponsors participate in preparation of candidates to receive the sacrament, presents them to the Bishop for anointing and helps the candidate to continue to fulfill their baptismal promises.

Choosing your sponsor for Confirmation: A very important task!

When you think about choosing someone, think about choosing someone who is an active, practicing Catholic; someone who is enthusiastic about the Catholic faith; and someone who is easy to talk to and be around. Here are some suggestions to help you as you make your choice:

- Think about the qualities you want your sponsor to have, someone you trust and admire.
- Think about people who are good examples for you.
- Ask yourself if one of your godparents would be a good sponsor, the Church states that it is desirable that one of your Baptismal Godparents would be appropriate if they remain close to you and are able to meet the requirements for a sponsor.
- Talk with your parents, other family members, or your catechists about who would be a good choice. If a Godparent does not work as a sponsor, a relative, friend or member of your parish may be an appropriate sponsor.
- Requirements of being a sponsor per Canon Law:
 1. At least sixteen years old.
 2. Must be a practicing Catholic
 3. Must have already celebrated Baptism, Confirmation and Holy Eucharist in the Catholic Church.
 4. If married, they must be in a valid marriage in the Catholic Church.
 5. A parent **can not** be a sponsor for Confirmation.
- Pray to the Holy Spirit for guidance.
- Interview and talk with the person you select and explain why you chose him or her and what their responsibilities will be.
- Ask if they are willing to be part your faith journey by:
 1. Praying for you
 2. Encouraging you to learn your prayers
 3. Walk with you on this journey, interest in preparation classes and retreats
 4. Check in on your measure of preparation and folder completion
 5. Complete Certificate of eligibility and have signed by pastor of their parish
 6. Work together on a sponsor project (encouraged as a way to get to know each other)
 7. Attend the Sponsor night in your 2nd year in Confirmation
 8. Be present at the Confirmation Mass

For RE Office us only:

Recorded _____

Reviewed by _____

Sponsor Interview

After discussion with my parents, thinking and praying about it, I have chosen my Confirmation

Sponsor to be: _____

My relationship to my sponsor is: _____

My reason for asking him/her is: _____

In my interview I asked these questions and recorded these responses:

(Feel free to ask other questions also, if you need more space use the back of this form)

1. What is the name of your home parish?
2. Are you actively involved in your parish? (please explain)
3. Do you remember your confirmation name and why you chose it?
4. How do you pray? When?
5. Who has been a witness to you in your faith life? Why?
6. What is one of your favorite Scripture Passages or Bible Stories and why?
7. What are some ways you volunteer or serve your church and/or community?

Remember to let your sponsor know what he or she can do to help encourage you while preparing for Confirmation, to pray for you and that they will need to attend sponsor evening next year prior to your Confirmation, date TBD.

Student Name: _____